



Common Neuroplastic Syndromes

These conditions are common neuroplastic syndromes. Most of these can also be caused by underlying disease processes or structural issues as well.

- Acid reflux
- Anxiety
- Back pain
- Chronic abdominal and pelvic pain syndromes
- Chronic fatigue syndrome
- Chronic hives
- Chronic tendonitis
- Depression
- Dizziness
- Eating disorders
- Fibromyalgia
- Foot pain syndrome
- Gastrointestinal issues
- Heartburn
- Hypersensitivity syndromes (touch, sound, smells, foods, medications)
- Inappropriate sinus tachycardia
- Insomnia
- Interstitial cystitis (irritable bladder syndrome)
- Irritable bowel syndrome
- Migraines
- Myofascial pain syndrome
- Neck pain
- Obsessive-compulsive disorder
- Paresthesia (“pins and needles”)
- Piriformis syndrome
- Plantar fasciitis
- Post-traumatic stress disorder
- Postural orthostatic tachycardia syndrome (POTS)
- Reflex sympathetic dystrophy (complex regional pain syndrome)
- Repetitive strain injury
- Sciatic pain syndrome
- Spasmodic dysphonia
- Substance use disorders
- Temporomandibular joint (TMJ) syndrome
- Tension headaches
- Tinnitus
- Vulvodynia
- Whiplash

If you have any of these conditions and you want to learn more about neuroplastic pain, get in touch.



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